



Creative workshops

“What I hear I forget, what I see I remember, what I do I understand.”

In business, people are everything. But what we intend to say and what's received by others, isn't always the same thing.

In my experiential workshops, tailored to your specific needs, I work with you and your team to improve your communication skills and overcome common challenges like giving presentations, sharing tough feedback to having courageous conversations. My unique style brings these interactions to life so you feel safe to practice your skills for real.

Forum theatre -

1 – With forum theatre, you and your team watch a familiar work based conversation acted out by a skilled team of actor/coaches, for example a manager giving important feedback, but the feedback doesn't land well.

2 – As a group, you share what you noticed, describing which behaviours worked well and which could have been better.

3 – The actor/coaches play the scene again but this time, as if you had the remote control, you suggest specific changes to move the characters to a better outcome.

Seeing your ideas acted out engages the group and leads to rich discussion. This is reinforced with the sharing of proven strategies to enable better conversations moving forward.

Skills practice –

1 – In small groups, each participant explains their bespoke scenario to our skilled actor/coaches who play the situation for real - you remain yourself with no acting required!

2 – We stop the action when needed, reviewing what's working and what could be better, sometimes asking the group for advice. Then we try out those new ideas and see what unfolds, like rehearsing in real time.

3 – The actor/coach draws out specific and objective feedback from the group and the main participant, exploring what worked and what could have been better, giving you a rare insight into how you come across.

This leads to rich discussion, where we share proven techniques to enable better conversations in the future.

Testimonial –

*“Ben's workshop was so interactive. It can be difficult to make courses engaging but Ben's style and delivery was excellent and the skills practice was great fun.” **EY director***